

Your gift to the next generation.
New treatments for kidney disease.



Richard, Lisa and Lochie on the Big Red Kidney Bus.

Treatments for kidney disease have remained largely unchanged for decades.

By remembering Kidney Health Australia in your Will, you can help change this for future generations to come.

Help deliver revolutionary treatments for kidney disease

Thank you for your wonderful support. Few people understand the impact kidney disease can have on your life, but you are different—you understand and you care.

Fifty years after Australia's first kidney transplant, surgery remains the best hope for many kidney disease sufferers, yet the average wait time for a kidney transplant is three years but waits of up to seven years are not uncommon. Plus, there is no guarantee of success and a transplanted kidney lasts, on average, no more than 15 years. Dialysis, although lifesaving, is expensive and has an enormous impact on a patient's independence, ability to work, and quality of life.

New options are needed and, as you'll discover, researchers are on the cusp of radically different treatments. Could many forms of kidney disease one day be eradicated by gene editing? Will we see new kidney tissue grown from stem cells and transplanted, making kidneys healthy again?

What's certain is that there will be no progress without investment in research. By leaving a gift to Kidney Health Australia in your Will, you could help save the lives of future generations, who will no longer fear kidney disease.



Ron Laza in 1986 when he was 16 years old, receiving dialysis at the Children's Hospital in Sydney.



Kidney Kids Camp, Gold Coast, Queensland, 2018.



Twanny is excited about research today, and the treatments it could lead to.

"I am proud that my legacy will support research into kidney disease"

Now enjoying a busy retirement, Twanny decided to remember Kidney Health Australia in his Will as a way of giving thanks—for 47 years of life he might never have had.

In 1971, Twanny received a gift he will always be thankful for. "I underwent a kidney transplant just a few weeks after my 18th birthday."

Remarkably, that same donated kidney is still serving Twanny well today and he will never forget the family who, at a time of personal tragedy, generously gave permission for their loved one's kidney to be donated—saving Twanny's life.

For Twanny, leaving a gift to Kidney Health Australia in his Will

is his way of giving back to the organisation that has done so much for him.

"I once heard someone say you don't have to be rich to leave a gift in your Will to charity and it stuck."

Twanny decided to remember Kidney Health Australia in his Will and he is excited that it will be used so practically—it'll be an ongoing investment into research that will advance treatments for future generations diagnosed with kidney disease.

"Transplants were relatively new when I had one. So many people worked to keep me alive. I hope I'll fund research that keeps people alive in the future."



Big Red Kidney Walk, Melbourne, 2016.

“I would have not known my mother, if it had not been for research”

When Graham’s mum, Iris, passed away in 2016, she left a gift in her Will to Kidney Health Australia. She’s inspired Graham, his wife Ruth and dad Greg to do the same.

“My mum was a lovely woman,” says Graham, “She never had a bad word to say about anybody.”

As a child, Graham remembers his mum on a dialysis machine. Then when he was 10, Iris received a kidney transplant, changing her life pretty much straight away. Iris took every care and her donated kidney was still functioning three decades later.

Graham understands why Iris left a gift to Kidney Health Australia in her Will.

“She truly wanted to say in some small way thank you for the life the kidney and the research had given her”.

Always active, with a mischievous sense of humour, Iris was a quiet



Graham is thankful for the years he had with his mum, Iris.

inspiration in life. Today, all of her family are following her lead and remembering Kidney Health Australia in their Will.

“I would have not known my mother if it hadn’t been for research,” says Graham. “Mum could have passed away when I was 10 or 11. I’m so thankful—I just hope my legacy to Kidney Health Australia makes someone’s life better.”

Your legacy will make breakthroughs possible

When you listen to Professor Melissa Little, you can't help but feel excited because you start to understand how different the future could be.

Professor Little's team are world leaders in kidney research and they're on the brink of breakthroughs that could transform how kidney disease is detected and treated.

Ten years ago, they began looking at the role of genes in kidney disease. Four years ago, they revealed they had the capability of 'growing' a model of the kidney using stem cells.

The potential is huge and exciting

"The long-term hope is that we'll be able to grow tissue that can be used to treat or regenerate diseased kidneys," says Professor Little.

The research team is also using stem cells to build models of kidney disease. The aim is to identify the genes responsible for various kidney conditions.

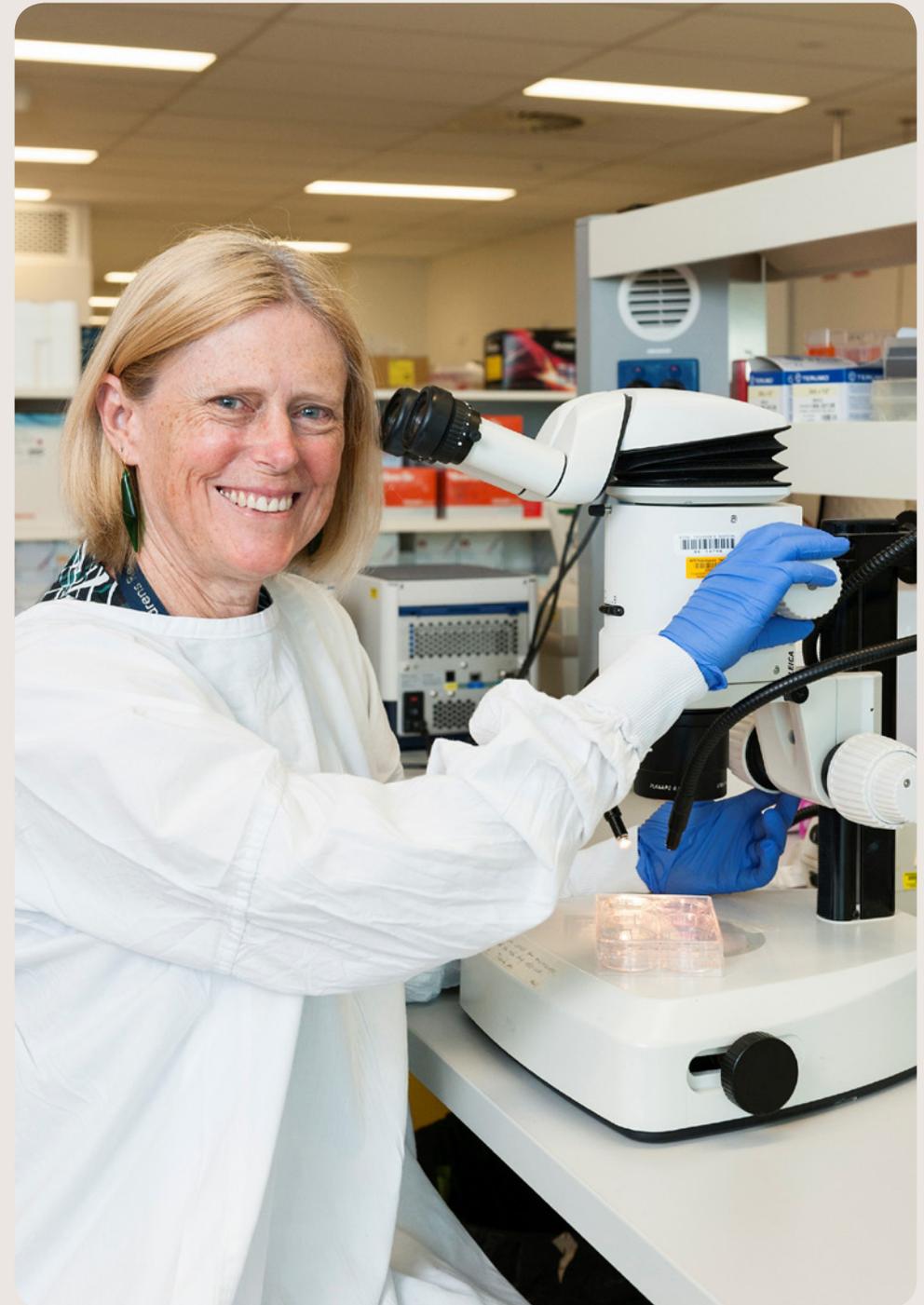
"We use gene editing to correct the genes we think are involved."



Imagine this technology applied to patients. They could have their risk of developing a serious kidney condition edited out. The potential is huge and exciting.

With a gift in your Will, you could be behind the next leap forward that transforms the lives of people with kidney disease.

"Science is funny. You can suddenly make a leap forward. One single discovery can move the whole field ahead."



Professor Melissa Little is leading the way in kidney disease research in Australia.

You can be there for people with kidney disease both today and tomorrow



Merryl is proud to support services for people with kidney disease.

Research provides hope of a better tomorrow, but right now, people like Merryl rely on services like the Big Red Kidney Bus. If you'd prefer your bequest be invested in keeping our vital services up and running, then a gift to our Endowment Fund may be the right choice for you.

"I've been on dialysis for a month now," says Merryl. "I'm waiting for a transplant. I've remembered Kidney

Health Australia in my Will, because I know the difference services like the Big Red Kidney Buses make."

Big Red Kidney Bus

With experienced dialysis nurses and renal technicians on board, the Big Red Kidney Buses stop at popular holiday destination across Victoria and New South Wales. People with kidney disease can travel and visit their family—safe in the knowledge dialysis is available.

Kidney Transplant Houses

Patients can recover after a kidney transplant operation, knowing we'll take as many cares away as possible. They can stay free of charge at a Kidney Transplant House, close to the hospital, for as long as they need to.

Kidney Kids Camp

Our annual Kidney Kids Camp gives children with kidney disease the chance to enjoy four days away while having access to dialysis and medical specialists that wouldn't otherwise be available at regular camps. Their siblings are welcome too, which means entire families benefit from Kidney Kids Camps. The children have fun, gain confidence and make friends who understand.



Our Big Red Kidney Buses enable people like Merryl the freedom to travel.



Kidney Kids Camp gives children the chance to have fun and make memories while ensuring all their medical needs are met.

A gift that works for you, your family and future generations

When you make or change your Will, your family comes first, but there are a number of ways you can leave a gift to Kidney Health Australia too.

Most people favour a **Residual Gift**. This is what's left in your estate after amounts of money or specific items like property or jewellery are distributed to family or close friends. A residual gift of only a small percentage could make a huge contribution to future research.

A **Specific Gift** is a sum of money, a property, shares or any other items of value you nominate. Be aware that inflation will affect the value of any sum of money you decide to leave.

An alternative is to leave a **Percentage Gift** of your entire estate, without identifying specific items of value.

A **Trust** can be established with Kidney Health Australia as a named beneficiary to receive ongoing support.



Kidney Kids Camp, Gold Coast, Queensland, 2018.



Kidney Kids Camp, Gold Coast, Queensland, 2018.

We understand that this is a private and confidential decision, but we would love to be able to thank you for your generous gift. Please let us know that you have chosen to leave a gift in your Will to Kidney Health Australia at your earliest convenience.

Wording for your Will

I give to The Australian Kidney Foundation (Trading as Kidney Health Australia) ABN 37 008 464 426 (here state the money or assets to be gifted or the residual estate) for its charitable purposes but if this gift cannot take effect, to the charitable organisation in Australia which my Executors consider most nearly fulfils the objects I intend to benefit.

The receipt of the Chief Executive Officer or the President for the time being of the beneficiary named in or selected by my Executors under the preceding sub-clause shall be an absolute discharge to my executors.

A gift in your Will to Kidney Health Australia will advance research into kidney disease and improve treatments that will help save the lives of generations to come.



Big Red Kidney Walk, Melbourne, 2016.

For more information

If you have any questions about remembering Kidney Health Australia in your Will, please get in touch.

Bequests and Endowments

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GPO Box 9993
Melbourne VIC 3001

The Australian Kidney Foundation

Trading as Kidney Health Australia
ABN 37 008 464 426 | Charity No. CH 0614

